



GONNA INSTITUTE OF INFORMATION TECHNOLOGY & SCIENCES

(Approved by AICTE, New Delhi, Affiliated to JNTU GURAJADA, VIZIANAGARAM)

Gonnavanipalem, Aganampudi, Visakhapatnam – 530 053

LIST OF LIFE SKILL PROGRAMMES

S.No.	Name of the Program	Date	No. of Participants	Name of the Resource Person
1	A One Day Life Skill Programme on Time management	15-03-2023	43	MS. PRASHEELA
2	A Three Day Life Skill Programme on "Personality Development"	26-07-2021 to 28-07-2021	40	MR. R.N.G MAHESH
3	A One Day Life Skill Programme on "Self Management"	17-11-2020	46	MS. M.A JANEETA
4	A One Day Life Skill Programme on "Interpersonal Skills"	24-12-2019.	45	MS. J KOMALI
5	A One Day Life Skill Programme on "How to Develop Decision Making Skills in Students"	15-03-2019	67	MS. J.KOMALI



PRINCIPAL

Principal
GONNA INSTITUTE OF INFORMATION
TECHNOLOGY & SCIENCES
Gonnavanipalem, Aganampudi,
VISAKHAPATNAM-530 053



GONNA INSTITUTE OF INFORMATION TECHNOLOGY & SCIENCES

(Approved by AICTE, New Delhi, Affiliated to JNTU GURAJADA, VIZIANAGARAM)

Gonnavanipalem, Aganampudi, Visakhapatnam – 530 053

9th March 2023

CIRCULAR


This is to inform all II, III, and IV B.Tech. students that the placement cell is organizing "A One-Day Life Skill Programme on Time Management Skills" for the benefit of students on March 15, 2023. All the students should give their names to the coordinator mentioned below on or before March 13, 2023. Hence, all the registered students are here to be informed to attend the classes without fail.




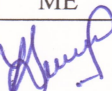







The particular class incharges are requested to deputize the students and make necessary arrangements for the smooth conduct of this programme.

Coordinator : Mr. K.V GANESH
Asst.professor
Mechanical Engineering
GIITS

Venue : F23 Class Room.

Copy to:
All Staff Members – For Circulation
All Notice Boards.


Principal
GONNA INSTITUTE OF INFORMATION
TECHNOLOGY & SCIENCES
Gonnavanipalem, Aganampudi,
VISAKHAPATNAM-530 053

IQAC	Signature Of All HODs							TPO	AO	Library
	CE	EEE	ME	ECE	CSE	MBA	BS&H			
										



GONNA INSTITUTE OF INFORMATION TECHNOLOGY & SCIENCES

(Approved by AICTE, New Delhi, Affiliated to JNTU GURAJADA, VIZIANAGARAM)

Gonnavanipalem, Aganampudi, Visakhapatnam – 530 053

PROGRAMME REPORT

Name of the Programme	:	A One Day Life Skill Programme on Time management
Date	:	15-03-2023
Resource Person	:	Ms. PRASHEELA
Name of coordinator	:	Mr.K.V GANESH Asst Prof, ME, GIITS
Number of Students attended	:	43
Venue	:	F23 Class Room.

Our college's placement cell coordinated On March 15, 2023, a one-day course on life skill abilities as well as time management was held. Principal Dr. P.S.N. Murthy addressed everyone and thanked the speaker for making the presentation.

Time Management was briefly discussed by the resource speaker. A time management method helps us use our time effectively and profitably. It entails planning and structuring how we will allocate our time among numerous tasks. Being able to manage our time well and quit wasting time is important. When we are in charge of how we spend our time, we become more focused and productive. Profitability is a result of productivity. Therefore, efficient time management can increase your earnings. The advantages of time management are enormous:

The objectives of Time Management skill is

- Less stress or anxiety
- Better work-life balance
- Increased focus
- Higher levels of productivity
- More free time
- Makes things simple and easy
- Less distraction
- Greater energy and motivation

Time management is important for several reasons:

- **Increased productivity:** Effective time management allows you to accomplish more in less time, improving your productivity and efficiency.
- **Reduced stress:** By organizing and prioritizing your tasks, you can minimize the feeling of being overwhelmed and reduce stress levels.
- **Improved focus and concentration:** Proper time management helps you allocate dedicated time to each task, allowing you to concentrate and produce higher-quality work.
- **Achievement of goals:** By managing our time effectively, you can allocate resources and efforts toward accomplishing your short-term and long-term goals.
- **Better work-life balance:** Time management enables you to allocate time for work, personal life, hobbies, and self-care, leading to a more balanced and fulfilling lifestyle.



GONNA INSTITUTE OF INFORMATION TECHNOLOGY & SCIENCES

(Approved by AICTE, New Delhi, Affiliated to JNTU GURAJADA, VIZIANAGARAM)

Gonnavanipalem, Aganampudi, Visakhapatnam – 530 053

How to Improve the Time Management Skills for Students was discussed by the Resource Person at the Program's End.

1. Prepare and follow a schedule strictly: Create a daily or weekly schedule outlining your tasks and commitments. Understand the time deed for each task and assign specific time slots. Make a conscious effort to adhere to your schedule as closely as possible to maintain organization and focus.
2. Set boundaries for yourself: Learn to say no to tasks or activities that don't align with your priorities or goals. Set clear boundaries with others to avoid unnecessary interruptions or distractions. Protect your time by minimizing time-wasting activities such as excessive social media browsing or aimless web surfing.
3. Fix deadlines: Assign deadlines to your tasks, whether they are personal or work-related. Assigning deadlines helps create a sense of urgency and enables you to prioritize your work effectively. Be sure to set realistic deadlines considering each task's complexity and importance.
4. Set long- and short-term goals: Define your long-term goals clearly and break them into smaller, actionable short-term ones. Having specific goals provides clarity and motivation. Set deadlines for achieving your goals and regularly review your progress.
5. Manage your calendar effectively: Use a calendar or a digital planning tool to manage your appointments, deadlines, and important dates. Dedicate specific blocks of time for different activities, including work, breaks, and personal time. Regularly review and update your calendar to stay on top of your commitments.
6. Prioritize your assignments: Determine which tasks are most important and need immediate attention. Prioritizing helps you focus on high-value activities and prevents you from getting overwhelmed by less important tasks. Consider using techniques like the Eisenhower Matrix to categorize tasks based on urgency and importance.
7. Practice effective delegation: Learn to delegate tasks to others when appropriate. Identify and assign tasks that can be done by someone else. This will help you focus on higher-priority tasks and improves overall productivity.
8. Minimize multitasking: While it may seem efficient, multitasking often leads to decreased productivity and lower-quality work. Instead, focus on one task and then move on to the next. This approach helps maintain concentration and produces better results.
9. Take regular breaks: Avoid long stretches of continuous work as it can lead to burnout and decreased productivity. Take short breaks between tasks to recharge your mind and body. Use these breaks for relaxation, physical activity, or any activity that helps you rejuvenate.
10. Learn from your experiences: Engage in self-reflection to evaluate how you allocate your time and identify areas where you can make improvements. Assess your productivity patterns and identify any recurring time-wasting activities or habits. Use this self-reflection to adjust your approach and continually refine your time management skills.

Remember, improving time management skills is an ongoing process that requires self-discipline and commitment. By implementing these strategies consistently, Students can achieve their goals more effectively



GONNA INSTITUTE OF INFORMATION TECHNOLOGY & SCIENCES
(Approved by AICTE, New Delhi, Affiliated to JNTU GURAJADA, VIZIANAGARAM)
Gonnavanipalem, Aganampudi, Visakhapatnam – 530 053

These practical time management skills can lead to a happier, more successful life because you'll be able to focus and achieve your goals in less time. Use these strategies on a regular basis to extract maximum value out of them. With the everyday practice of prioritizing tasks and organizing them, you'll be able to build a healthy relationship with time which is key to a successful and more fulfilling life.



A One Day Life Skill Programme on “Time management”

The students regarded this course to be really helpful, and they gave it good reviews. The resource person and participants were thanked by the management and principal of GIITS for their contributions to make the program successful.

At the conclusion of the programme, TPO presented a formal vote of thanks.


Coordinator



GONNA INSTITUTE OF INFORMATION TECHNOLOGY & SCIENCES

(Approved by AICTE, New Delhi, Affiliated to JNTU GURAJADA, VIZIANAGARAM)

Gonnavanipalem, Aganampudi, Visakhapatnam – 530 053

Name of the Programme; A One Day Life Skill Programme on “Time management”

DATE: 15-03-2023 STUDENTS ATTENDANCE LIST

S.NO	Roll Number	NAME OF THE STUDENT	Year/Branch	signature
1	206E5A0301	ADHIPELLI ANUSH KUMAR	IV/ME	A. Anush k
2	206E5A0322	MOLLI SAIKUMAR	IV/ME	M. Saikumar
3	206E5A0328	POLAVARAPU PRANAI	IV/ME	P. Pranai
4	206E5A0329	SAHUKARI GOWTHAM SAI KUMAR	IV/ME	Sai Kumar
5	206E1A0304	KARIMINJI RAJ KUMAR	III/ME	K. Rajkumar
6	206E1A0305	RAJANA ANJI	III/ME	R. Anji
7	216E5A0302	BANTU AJAY KUMAR	III/ME	B. Ajay Kumar
8	216E5A0304	BUDDHA MAHA LAXMI NAIDU	III/ME	B.M. Lakshmi
9	216E5A0313	KARI PENTAYYA	III/ME	K. Pent.
10	216E5A0324	MUVVALA SANTHI	III/ME	M. Shanthi
11	226E5A0353	TALAKAYALA KIRAN	II/ME	T. Kiran
12	206E1A0412	KUNCHALA SONY	III/ECE	K. Sony
13	206E1A0413	MULLAMURI SRI RAM CHOWDARY	III/ECE	M. Sri Ram
14	206E1A0414	PEDAMATLA JHANSI RANI	III/ECE	P. Jansi Rani
15	206E1A0415	RONGALI RENUKA	III/ECE	R. Renuka
16	206E1A0416	SEMBI LALITHA	III/ECE	S. Lalitha
17	206E1A0417	SORU NAGAMANI	III/ECE	S. Nagamani
18	206E5A0103	KEELU GIRI	IV/CE	K. Giri
19	206E5A0104	KILLI DINESH KUMAR	IV/CE	K. D Kumar
20	196E1A0401	KUNCHALA SWAPNA	IV/ECE	K. Swapna
21	196E1A0501	ALLA MADHURI	IV/CSE	A. Madhuri
22	196E1A0502	AMARA BINDU SRI	IV/CSE	A. Bindu sri
23	196E1A0503	ARADHULA RIKITA NAGAVALLI	IV/CSE	A. Rikita
24	196E1A0504	BUDDHARAJU KARTHIKEYA LAKSHMI SHIVANI	IV/CSE	B. Karthikeya
25	196E1A0505	CHITTURI DILIP	IV/CSE	C. Dilip
26	206E1A0101	BOINA GANESH	III/CE	B. Ganesh.
27	206E1A0102	DULAM ANUSHA	III/CE	D. Anusha
28	206E1A0107	KINCHEI SWATHI	III/CE	K. Swathi
29	206E1A0109	MANJETI DEVI	III/CE	M. Devi
30	206E1A0110	MATTAMMUKKI PRATHIBHA BHARATHI	III/CE	M.P. Prathibha
31	206E1A0111	MOPADA YASODA KRISHNA	III/CE	M. Yasoda
32	206E1A0511	JINNADA KALYANI	III/CSE	J. Kalyani
33	206E1A0512	JUTTADA DHANALAXMI	III/CSE	J. Dhanalaxmi
34	206E1A0513	KANCHIPATI MOHANA PRIYA	III/CSE	K.M. Priya
35	206E1A0514	KANDUKURI PALLAVI	III/CSE	K. Pallavi
36	206E1A0515	KANDULA VENKATA SAI	III/CSE	K. Venkatesh
37	206E1A0516	KARRI NAGA SATYA MANIKANTA	III/CSE	K.S. Manikanta
38	206E1A0517	KOLA NIVAS	III/CSE	K. Nivas



GONNA INSTITUTE OF INFORMATION TECHNOLOGY & SCIENCES

(Approved by AICTE, New Delhi, Affiliated to JNTU GURAJADA, VIZIANAGARAM)

Gonnavanipalem, Aganampudi, Visakhapatnam – 530 053

Name of the Programme; A One Day Life Skill Programme on “Time management”

DATE; 15-03-2023

STUDENTS ATTENDANCE LIST

S.NO	Roll Number	NAME OF THE STUDENT	Year/Branch	signature
39	206E1A0518	KONDALA DIVYA	III/CSE	K. Divya
40	206E1A0522	MANAM VASU	III/CSE	M. Vasu
41	226E5A0347	SAIDU MAHIMA	II/ME	S. Mahima
42	226E5A0349	SAMAYAMANTHULA DINESH RAHUL	II/ME	S. Dinesh Rahul
43	226E5A0356	VAJRAPU SAI KUMAR	II/ME	V. Sai Kumar

K. V. [Signature]
Coordinator



GONNA INSTITUTE OF INFORMATION TECHNOLOGY & SCIENCES

(Approved by AICTE, New Delhi, Affiliated to JNTUK, KAKINADA)

Gonnavanipalem, Aganampudi, Visakhapatnam – 530 053

20th July 2022

CIRCULAR

This is to inform all II, III, and IV B.Tech students that the placement cell is organizing "A Three-Day Life Skill Programme on Personality Development" for the benefit of students from July 26 to July 28, 2022. All the students should give their names to the coordinator mentioned below on or before July 23, 2022. Hence, all the registered students are here to be informed to attend the classes without fail.

The particular class incharges are requested to deputize the students and make necessary arrangements for the smooth conduct of this program.

Coordinator: Mrs. G.Siva lakshmi
Asst.professor,
MBA.
GIITS

Venue: Seminar hall

PRINCIPAL

Principal

**GONNA INSTITUTE OF INFORMATION
TECHNOLOGY & SCIENCES
Gonnavanipalem, Aganampudi,
VISA KHAPATNAM-530 053**

Copy to:
All Staff Members – For Circulation
All Notice Boards.

IQAC	Signature Of All HODs							TPO	AO	Library
	CE	EEE	ME	ECE	CSE	MBA	BS&H			



GONNA INSTITUTE OF INFORMATION TECHNOLOGY & SCIENCES

(Approved by AICTE, New Delhi, Affiliated to JNTUK, KAKINADA)

Gonnavanipalem, Aganampudi, Visakhapatnam – 530 053

PROGRAMME REPORT

Name of the Programme	: A Three Day Life Skill Programme on “Personality Development”
Date	: 26-07-2022 to 28-07-2022
Resource Person	: Mr. R.N.G MAHESH
Name of coordinator	: Mrs.G.SIVA LAKSHMI Asst Prof, MBA, GIITS
Number of Students attended	: 40
Venue	: Seminar Hall.

Our college Placement cell organized a Three-day Life skill program on Personality Development program was conducted from 26-07-2022 to 28-07-2022. The program was opened by Principal Dr. P.S.N Murthy who expresses his gratitude to the speaker, for presenting a program conducted by the TPO placement cell.

The resource speaker talked briefly about personal development and how it is useful to student's professional goals and aspirations in life. She explains that some personal skills include integrity, communication, work ethic, leadership, problem-solving, confidence, and interpersonal skills. Developing these skills can help people develop their potential, set meaningful goals, and live a more fulfilling life. In this program, she discusses personal development skills, explains why it is necessary to develop them, and shares some important examples and tips to cultivate them.

Objectives:

1. Advance in carrer goals
2. Create personal goals and objectives
3. Improve strengths and talents
4. Find satisfaction and fulfillment in work and life
5. Develope fulfilling relation ships
6. Improve clarity and focus

Developing personal skills can help the students to reach personal and professional goals. Here the resource person explains some common skills that facilitate personal development.

Integrity

Integrity is doing what is morally correct regardless of the situation. It is when your actions are consistent with your commitment and words. Being honest with yourself and other people can come with several challenges, and it takes a lot of discipline and strength of character to practice consistently. An individual who practices integrity in personal and professional life is usually more trustworthy and reliable, can communicate with others openly and admit their mistakes when wrong. Having a strong sense of morality can help build a strong reputation and earn the loyalty and trust of around.

Communication

Communication includes your ability to write, speak and listen. It involves expressing your thoughts, emotions and ideas to others clearly. It also involves paying attention to the thoughts and feelings of other people and listening to what they have to say. A good communicator uses a positive tone, makes eye contact, speaks confidently while stating their opinions with conviction. Being a good speaker and listener can help one build stronger personal and professional relationships and collaborate with others. It can prevent unnecessary misunderstandings or conflicts and increase mutual respect.



GONNA INSTITUTE OF INFORMATION TECHNOLOGY & SCIENCES

(Approved by AICTE, New Delhi, Affiliated to JNTUK, KAKINADA)

Gonnavanipalem, Aganampudi, Visakhapatnam – 530 053

Interpersonal skills

Interpersonal, social or people skills are verbal and non-verbal cues and behaviors that one displays while interacting with other people. These skills can help you build strong personal and professional relationships with others. Strong interpersonal skills can help individuals understand family, co-workers, friends and clients better and make the right impression during social situations. In a professional setting, interpersonal skills can help one grow one's professional network, facilitate discussions and increase workplace productivity. A leader with these skills can ensure that their team functions smoothly and shares a cordial working relationship

Organizational skills

Organizational skills include physical and digital organization, planning and time-management skills. With good organizational skills, you can utilize your time, energy, mental capacity and physical resources in an efficient manner to achieve professional goals. Physical and digital organization skills help one maintain a well-organized and clutter-free workplace while mental organizational skills facilitate one to think in a clear, orderly and logical way. Planning, prioritizing and delegating tasks can lower stress and increase productivity, helping individuals achieve the desired outcomes and focus on bigger goals. It can also eliminate procrastination and lead to increased motivation among individuals at the workplace

Confidence

Confidence is the conviction that you can succeed at something and do it well. Being genuinely confident involves having a realistic sense of your capabilities, yet being secure in this knowledge. It is the belief that you can successfully meet challenges and includes the willingness to perform the required actions for success. Confidence is an attractive trait and can help you in both personal and professional situations. Projecting confidence can help one make a positive first impression, gain credibility and manage challenges better. Self-confidence in individuals increases through personal and professional accomplishments

Work ethics

Work ethics are strong moral principles that employees display with respect to the work they do. They reflect in the day-to-day behavior and attitude towards your work and responsibilities. The main components of a strong work ethic include integrity, respect for work and colleagues, professionalism, punctuality and discipline. Employers value employees with a strong work ethic as it promotes trust and honesty in the workplace culture. To develop a strong work ethic, you can inculcate discipline and focus in your personal life and routine. Having a strong work ethic includes being accountable for your actions and taking ownership

Problem-solving

Problem-solving skills are the ability to correctly identify the nature of a challenge, analyze it and develop an effective action plan to resolve it. Problem-solving is a prominent part of professional life, regardless of their role or position. Employers gauge the problem-solving skills of prospective employees by assessing their ability to handle difficult situations and complex business problems. Good problem-solving skills are essential to help one take the right decisions and to aid the smooth functioning of an organization. Creativity and critical thinking are also necessary for enhancing one's problem-solving abilities

Adaptability enables an individual to adjust or make changes in one's actions or environment to suit a new situation. The ability to adapt easily to changing work processes and environments is a skill that is valued by all organisations. Employees that quickly adapt to changes can save resources for the organisation. With a flexible and adaptable approach, employees can try and learn new things, undertake new challenges and make adjustments to suit new scenarios at the workplace. They are also able to respond quickly to new responsibilities, changing ideas, processes, expectations, trends and strategies



AGONNA INSTITUTE OF INFORMATION TECHNOLOGY & SCIENCES

(Approved by AICTE, New Delhi, Affiliated to JNTUK, KAKINADA)

Gonnavanipalem, Aganampudi, Visakhapatnam – 530 053

Learning Outcomes;

1. Students can build their resilience in any tough situations
2. Identifying the right personal skills and improving them can contribute their long-term success.
3. Understanding their self better and develop self-awareness
4. Personal development skills are essential because they help to expand student ability and competency to meet their professional and personal goals

Note

it is important to note that developing of Student personal skills is not a one-time event. The development of these skills is a continuous process and takes place as student encounter new responsibilities, people and situations. As student gain more professional and personal experience, their skills develop, and the student become more perceptive, empathetic, confident and flexible. Working on these skills can be a lifelong learning process as there is virtually no end to improving student soft skills and enhancing their personality



A Three Day Life Skill Programme on “Personality Development”

This course was very useful to the students and their feedback is in positive. The management And Principal of GIITS thanked to the resource person and participants for making the program successful.

TPO gave the formal vote of thanks at end of the program.

Coordinator



GONNA INSTITUTE OF INFORMATION TECHNOLOGY & SCIENCES

(Approved by AICTE, New Delhi, Affiliated to JNTUK, KAKINADA)

Gonnavanipalem, Aganampudi, Visakhapatnam – 530 053

Name of the Programme: A Three Day Life Skill Programme on “Personality Development”

DATE; 26-07-2022 STUDENTS ATTENDANCE LIST

S.NO	Roll Number	NAME OF THE STUDENT	Year/Branch	signature
1	196E5A0105	NODAGALA YADAGIRI	IV/CE	N.Yadagiri
2	196E5A0107	VADISALA SHYAM	IV/CE	V. Shyam
3	196E5A0109	VEYYIDALAMULA PRAVALLIKA	IV/CE	V. Pravallika
4	196E5A0105	NODAGALA YADAGIRI	IV/CE	N.Yadagiri
5	196E5A0107	VADISALA SHYAM	IV/CE	V. Shyam
6	196E5A0207	SALAPU BALAJI	IV/EEE	S. Balaji
7	196E5A0208	TALARI LALITHA LOKESWARI	IV/EEE	T.L. Lokeshwari
8	196E5A0301	ABDUL ANWAR	IV/ME	Anwar
9	196E5A0302	BADDEM SUNIL	IV/ME	Sunil
10	196E5A0303	BEJAWADA PRASAD	IV/ME	Prasad
11	196E5A0307	DASARI HARISH	IV/ME	Harish
12	196E5A0308	DASIREDDY PRASANTH	IV/ME	Prasanth
13	196E5A0309	DODDI RAJKUMAR	IV/ME	Raj Kumar
14	196E5A0312	GURLA GOVINDA SAI	IV/ME	Govindharsai
15	196E5A0314	JINAGA PRASAD	IV/ME	J. Prasad
16	196E5A0315	K. SURYA LOKESH KRISHNA	IV/ME	Krishna
17	196E5A0316	KANNAMREDDY NAVEEN	IV/ME	Naveen
18	196E5A0318	KARANAM BHARAT SAI	IV/ME	BHARATSAI
19	196E5A0324	MADDI ASHOK REDDY	IV/ME	reddy
20	196E5A0322	KUNDIRI PAVAN KUMAR	IV/ME	K.P. KUMAR
21	196E5A0323	LANKE JANARDHAN RAO	IV/ME	Rao
22	196E5A0325	MEESALA JAGADEESH	IV/ME	Jagadeesh
23	206E5A0301	ADHIPELLI ANUSH KUMAR	III/ME	Anushkumar
24	206E5A0322	MOLLI SAIKUMAR	III/ME	Sai Kumar
25	206E5A0328	POLAVARAPU PRANAI	III/ME	Pranai
26	206E5A0329	SAHUKARI GOWTHAM SAI KUMAR	III/ME	Sai Kumar
28	206E5A0336	VARRI SRINIVAS	III/ME	V. Srinivas
29	206E5A0103	KEELU GIRI	III/CE	K. Giri
30	206E5A0104	KILLI DINESH KUMAR	III/CE	K.D. Kumar
31	196E5A0403	PEGIREDDY DHANA LAKSHMI	IV/ECE	P.D. Lakshmi
32	196E5A0404	SHAIK HAJARA	IV/ECE	S. Hajara
33	206E1A0304	KARIMINJI RAJ KUMAR	II/ME	Raj Kumar
34	216E5A0313	KARI PENTAYYA	II/ME	K. Pent
35	216E5A0324	MUVVALA SANTHI	II/ME	Santhi
36	216E5A0306	DOSURU SAI	II/ME	D. Sai
37	216E5A0332	T CHARAN KUMAR	II/ME	T. Charan
38	196E1A0401	KUNCHALA SWAPNA	III/ECE	K. Swapna
39	196E1A0501	ALLA MADHURI	III/CSE	A. Madhuri
40	196E1A0502	AMARA BINDU SRI	III/CSE	A. Bindu Sri


Coordinator



GONNA INSTITUTE OF INFORMATION TECHNOLOGY & SCIENCES

(Approved by AICTE, New Delhi, Affiliated to JNTUK, KAKINADA)

Gonnavanipalem, Aganampudi, Visakhapatnam – 530 053

Name of the Programme: A Three Day Life Skill Programme on "Personality Development"
DATE; 27-07-2022 STUDENTS ATTENDANCE LIST

S.NO	Roll Number	NAME OF THE STUDENT	Year/Branch	signature
1	196E5A0105	NODAGALA YADAGIRI	IV/CE	M. Yadagiri
2	196E5A0107	VADISALA SHYAM	IV/CE	V. Shyam
3	196E5A0109	VEYYIDALAMULA PRAVALLIKA	IV/CE	V. Pravallika
4	196E5A0105	NODAGALA YADAGIRI	IV/CE	N. Yadagiri
5	196E5A0107	VADISALA SHYAM	IV/CE	V. Shyam
6	196E5A0207	SALAPU BALAJI	IV/EEE	S. Balaji
7	196E5A0208	TALARI LALITHA LOKESWARI	IV/EEE	T.L. Lokeswari
8	196E5A0301	ABDUL ANWAR	IV/ME	Abdul Anwar
9	196E5A0302	BADDEM SUNIL	IV/ME	Sunil
10	196E5A0303	BEJAWADA PRASAD	IV/ME	Prasad
11	196E5A0307	DASARI HARISH	IV/ME	Harish
12	196E5A0308	DASIREDDY PRASANTH	IV/ME	Prasanth
13	196E5A0309	DODDI RAJKUMAR	IV/ME	Rajkumar
14	196E5A0312	GURLA GOVINDA SAI	IV/ME	Sai
15	196E5A0314	JINAGA PRASAD	IV/ME	JINAGA PRASAD
16	196E5A0315	K.SURYA LOKESH KRISHNA	IV/ME	Krishna
17	196E5A0316	KANNAMREDDY NAVEEN	IV/ME	Naveen
18	196E5A0318	KARANAM BHARAT SAI	IV/ME	Bharat Sai
19	196E5A0324	MADDI ASHOK REDDY	IV/ME	M. A. Reddy
20	196E5A0322	KUNDIRI PAVAN KUMAR	IV/ME	K. P. Kumar
21	196E5A0323	LANKE JANARDHAN RAO	IV/ME	Rao
22	196E5A0325	MEESALA JAGADEESH	IV/ME	Jagadeesh
23	206E5A0301	ADHIPELLI ANUSH KUMAR	III/ME	Anush Kumar
24	206E5A0322	MOLLI SAIKUMAR	III/ME	M. SAI KUMAR
25	206E5A0328	POLAVARAPU PRANAI	III/ME	Pranai
26	206E5A0329	SAHUKARI GOWTHAM SAI KUMAR	III/ME	Kumar Sai
28	206E5A0336	VARRI SRINIVAS	III/ME	V. Srinivas
29	206E5A0103	KEELU GIRI	III/CE	K. Giri
30	206E5A0104	KILLI DINESH KUMAR	III/CE	K. Kumar
31	196E5A0403	PEGIREDDY DHANA LAKSHMI	IV/ECE	P.D. Lakshmi
32	196E5A0404	SHAIK HAJARA	IV/ECE	S. Hajara
33	206E1A0304	KARIMINJI RAJ KUMAR	II/ME	Rajkumar
34	216E5A0313	KARI PENTAYYA	II/ME	K. Pen
35	216E5A0324	MUVVALA SANTHI	II/ME	Santhi
36	216E5A0306	DOSURU SAI	II/ME	D. Sai
37	216E5A0332	T CHARAN KUMAR	II/ME	T. Charan
38	196E1A0401	KUNCHALA SWAPNA	III/ECE	K. Swapna
39	196E1A0501	ALLA MADHURI	III/CSE	A. Madhuri
40	196E1A0502	AMARA BINDU SRI	III/CSE	A. Bindu Sri


Coordinator



GONNA INSTITUTE OF INFORMATION TECHNOLOGY & SCIENCES

(Approved by AICTE, New Delhi, Affiliated to JNTUK, KAKINADA)

Gonnavanipalem, Aganampudi, Visakhapatnam – 530 053

Name of the Programme: A Three Day Life Skill Programme on “Personality Development”

DATE: 28-07-2022 STUDENTS ATTENDANCE LIST

S.NO	Roll Number	NAME OF THE STUDENT	Year/Branch	signature
1	196E5A0105	NODAGALA YADAGIRI	IV/CE	N. Yadagiri
2	196E5A0107	VADISALA SHYAM	IV/CE	V. Shyam
3	196E5A0109	VEYYIDALAMULA PRAVALLIKA	IV/CE	V. Pravallika
4	196E5A0105	NODAGALA YADAGIRI	IV/CE	N. Yadagiri
5	196E5A0107	VADISALA SHYAM	IV/CE	V. Shyam
6	196E5A0207	SALAPU BALAJI	IV/EEE	S. Balaji
7	196E5A0208	TALARI LALITHA LOKESWARI	IV/EEE	T.L. Lokeswari
8	196E5A0301	ABDUL ANWAR	IV/ME	B. Anwar
9	196E5A0302	BADDEM SUNIL	IV/ME	B. Sunil
10	196E5A0303	BEJAWADA PRASAD	IV/ME	B. Prasad
11	196E5A0307	DASARI HARISH	IV/ME	Dasari HARISH
12	196E5A0308	DASIREDDY PRASANTH	IV/ME	D. Prasanth
13	196E5A0309	DODDI RAJKUMAR	IV/ME	D. Rajkumar
14	196E5A0312	GURLA GOVINDA SAI	IV/ME	G. Govinda Sai
15	196E5A0314	JINAGA PRASAD	IV/ME	J. Prasad
16	196E5A0315	K.SURYA LOKESH KRISHNA	IV/ME	K. S. L Krishna
17	196E5A0316	KANNAMREDDY NAVEEN	IV/ME	K. Naveen
18	196E5A0318	KARANAM BHARAT SAI	IV/ME	K. Bharath
19	196E5A0324	MADDI ASHOK REDDY	IV/ME	M. Ashok Reddy
20	196E5A0322	KUNDURI PAVAN KUMAR	IV/ME	K. Pavan
21	196E5A0323	LANKE JANARDHAN RAO	IV/ME	L. Janardhan R.
22	196E5A0325	MEESALA JAGADEESH	IV/ME	M. Jagadeesh
23	206E5A0301	ADHIPELLI ANUSH KUMAR	III/ME	A. Anush
24	206E5A0322	MOLLI SAIKUMAR	III/ME	M. Sai Kumar
25	206E5A0328	POLAVARAPU PRANAI	III/ME	P. Pranai
26	206E5A0329	SAHUKARI GOWTHAM SAI KUMAR	III/ME	S. G. Sai
28	206E5A0336	VARRI SRINIVAS	III/ME	V. Srinivas
29	206E5A0103	KEELU GIRI	III/CE	K. Giri
30	206E5A0104	KILLI DINESH KUMAR	III/CE	K. Dinesh Kumar
31	196E5A0403	PEGIREDDY DHANA LAKSHMI	IV/ECE	P.D. Lakshmi
32	196E5A0404	SHAIK HAJARA	IV/ECE	S. Hajara
33	206E1A0304	KARIMINJI RAJ KUMAR	II/ME	K. Rajkumar
34	216E5A0313	KARI PENTAYYA	II/ME	K. Pentayya
35	216E5A0324	MUVVALA SANTHI	II/ME	M. Santhi
36	216E5A0306	DOSURU SAI	II/ME	D. Sai
37	216E5A0332	T CHARAN KUMAR	II/ME	T. Charan Kumar
38	196E1A0401	KUNCHALA SWAPNA	III/ECE	K. Swapna
39	196E1A0501	ALLA MADHURI	III/CSE	A. Madhuri
40	196E1A0502	AMARA BINDU SRI	III/CSE	A. Bindu Sri

(3) Coordinator



GONNA INSTITUTE OF INFORMATION TECHNOLOGY & SCIENCES

(Approved by AICTE, New Delhi, Affiliated to JNTUK, KAKINADA)

Gonnavanipalem, Aganampudi, Visakhapatnam – 530 053

11th November 2020

CIRCULAR

This is to inform all III/IV B.Tech students that the placement cell is organizing "A One Day Life Skill Programme on Self-Management Skills" for the benefit of students on November 17, 2020. All the students should give their names to the coordinator mentioned below on or before November 15, 2020. Hence, all the registered students are here to be informed to attend the classes without fail.

The particular class incharges are requested to deputize the students and make necessary arrangements for the smooth conduct of this program.

Coordinator : Mrs. P.Ramanamma,
Asst.professor,
Department of Mechanical Engineering.
GIITS

Venue: G 24 Class Room

PRINCIPAL

Principal

**GONNA INSTITUTE OF INFORMATION
TECHNOLOGY & SCIENCES**
Gonnavanipalem, Aganampudi,
VISAKHAPATNAM-530 053

Copy to:
All Staff Members – For Circulation
All Notice Boards

Signature Of All HODs							TPO	AO	Library
CE	EEE	ME	ECE	CSE	MBA	BS&H			



GONNA INSTITUTE OF INFORMATION TECHNOLOGY & SCIENCES

(Approved by AICTE, New Delhi, Affiliated to JNTUK, KAKINADA)

Gonnavanipalem, Aganampudi, Visakhapatnam – 530 053

PROGRAMME REPORT

Name of the Programme	:	A One Day Life Skill Programme on “Self Management”
Date	:	17-11-2020
Resource Person	:	Ms. M.A.JANEETA
Name of coordinator	:	Mrs.P.Ramanamma Asst Prof, ME, GIITS
Number of Students attended	:	46
Venue	:	G24 Class Room.

Our college Placement cell organized a One Day Life Skill Program on Self Management was conducted on 17-11-2020. The program was inaugurated by Principal Dr. T. Venkateswara Rao who expressed his gratitude to the speaker, for presenting a programme.

The resource person gave a presentation on self-management. The ability to regulate student behaviors, thoughts, and emotions in a productive manner is referred to as self-management. This entails excelling in both personal and professional tasks for the sake of one's own life. Managing our thoughts and habits can help us become better self-managers and, as a result, stronger leaders. You are actively working to become the best leader you can be by optimizing our individual organizational structures. Learn more about how work management software may help their team. Effectively managing our work does not have to be difficult, from increased productivity to increased team visibility. Analyzing workplace self-management examples can help students understand the skills required to develop and embody successful self-management.



A One Day Life Skill Programme on “Self Management”

The students found this course to be extremely helpful and their response was overwhelmingly favorable. The GIITS management and principal acknowledged the resource person and participants for helping to make the programme a success. At the conclusion of the program, TPO gave the formal vote of thanks.

P. Ramanamma
Coordinator



GONNA INSTITUTE OF INFORMATION TECHNOLOGY & SCIENCES

(Approved by AICTE, New Delhi, Affiliated to JNTUK, KAKINADA)

Gonnavanipalem, Aganampudi, Visakhapatnam – 530 053

Name of the Programme ; A One Day Life Skill Programme on “Self Management”

DATE; 17-11-2020

STUDENTS ATTENDANCE LIST

S.NO	Roll Number	NAME OF THE STUDENT	Year	Branch	Signature
1	196E5A0324	MADDI ASHOK REDDY	3RD YEAR	ME	Ashok Reddy
2	196E5A0325	MEESALA JAGADEESH	3RD YEAR	ME	M. Jagadeesh
3	196E5A0328	MUTYALA SATISH BABU	3RD YEAR	ME	S. Babu
4	196E5A0329	NAMBARI JAGADEESH	3RD YEAR	ME	Jagadeesh
5	196E5A0330	NEELAPU SRINU	3RD YEAR	ME	Srinu
6	196E5A0334	PENTAKOTA UPENDRA	3RD YEAR	ME	UPENDRA
7	196E5A0342	VURUKUTI SATISH	3RD YEAR	ME	V. Satish
8	196E5A0401	KATHI RAHUL	3RD YEAR	ECE	K. Rahul
9	196E5A0402	MANCHIKATLA PRASHANTH	3RD YEAR	ECE	M. Prashanth
10	196E5A0403	PEGIREDDY DHANA LAKSHMI	3RD YEAR	ECE	P. Dhana Lakshmi
11	196E5A0404	SHAIK HAJARA	3RD YEAR	ECE	S. Hajara
12	186E1A0501	VEERAMALLU SUMEETH	3RD YEAR	CSE	V. Sumeeth
13	186E1A0502	KANTA DEVI	3RD YEAR	CSE	K. Devi
14	186E1A0503	SHAIK REAZ	3RD YEAR	CSE	S. Reaz
15	186E1A0504	MYLA DEVI	3RD YEAR	CSE	M. Devi
16	186E1A0505	BUNTUPALLI DEEPTHI	3RD YEAR	CSE	B. Deepthi
17	176E1A0302	CHINNI HEMANTH	4TH YEAR	ME	C. HEMANTH
18	176E1A0304	KANDREGULA MAHESH SAI SANTOSH KUMAR	4TH YEAR	ME	Santosh Kumar
19	176E1A0305	KARRI AJAY	4TH YEAR	ME	K. AJAY
20	176E1A0306	LOKAVARAPU AYYAPPA	4TH YEAR	ME	AYYAPPA
21	176E1A0307	NALLA NAGARAJU	4TH YEAR	ME	N. NAGARAJU
22	176E1A0310	TIRLANGI SRICHARAN	4TH YEAR	ME	Sri Charan
23	176E1A0311	VENNE PRAVEENKUMAR	4TH YEAR	ME	Praveenkumar
24	186E5A0302	BONDA VENKATESH	4TH YEAR	ME	B. Venkatesh
25	186E5A0303	GEDELA ASHOK	4TH YEAR	ME	Ashok
26	186E5A0305	KARRI DINESH	4TH YEAR	ME	K. Dinesh
28	186E5A0306	NARAPINNI VARAPRASAD	4TH YEAR	ME	Varaprasad
29	186E5A0308	SEERAMREDDI YUGENDRA	4TH YEAR	ME	Yugendra S.
30	186E5A0310	TANGI PAVAN KALYAN	4TH YEAR	ME	KALYAN
31	186E5A0311	KANUMREDDY MANOJ KUMAR	4TH YEAR	ME	MANOJ KUMAR
32	186E5A0314	CHALLA BHASKAR	4TH YEAR	ME	challa bhaskar
33	186E5A0316	KARRI HEMANTH	4TH YEAR	ME	K. Hemant
34	176E1A0401	BOJJA VENKATA KUSUMA SAI	4TH YEAR	ECE	B. Venkata kusuma sai
35	176E1A0402	MUTHIKI VENKAT PAVAN RAJU	4TH YEAR	ECE	M. Venkat pavan Raju
36	176E1A0403	NALLA SHALINI VENKATA SAI LAKSHMI	4TH YEAR	ECE	N.S.V sai Lakshmi
37	176E1A0404	PEDIREDLA ADILAKSHMI	4TH YEAR	ECE	P. ADILAKSHMI
38	176E1A0405	THOTA LAVANYA	4TH YEAR	ECE	T. Lavanya
39	176E1A0501	DONI VIVEK	4TH YEAR	CSE	D. Vivek



GONNA INSTITUTE OF INFORMATION TECHNOLOGY & SCIENCES

(Approved by AICTE, New Delhi, Affiliated to JNTUK, KAKINADA)

Gonnavanipalem, Aganampudi, Visakhapatnam – 530 053

Name of the Programme : A One Day Life Skill Programme on “Self Management”

DATE;17-11-2020

STUDENTS ATTENDANCE LIST

S.NO	Roll Number	NAME OF THE STUDENT	Year	Branch	Signature
40	176E1A0502	GURRAM CHARISHMA	4TH YEAR	CSE	G. Charishma
41	176E1A0503	MUGGULLA NARENDRA KUMAR	4TH YEAR	CSE	M.N. Kumar
42	176E1A0504	NAGI REDDY YAMUNA	4TH YEAR	CSE	N. Yamuna
43	176E1A0505	PINNINTI SOWMYA	4TH YEAR	CSE	P. Sowmya
44	176E1A0508	TIRUMAREDDY SRAVANI	4TH YEAR	CSE	T. Sravani
45	176E1A0509	VEERINA PRASANTHI	4TH YEAR	CSE	V. Prasanthi
46	176E1A0510	YANALA RAMYA	4TH YEAR	CSE	Y. Ramya

P. Ramare
Coordinator



GONNA INSTITUTE OF INFORMATION TECHNOLOGY & SCIENCES

(Approved by AICTE, New Delhi, Affiliated to JNTUK, KAKINADA)

Gonnavanipalem, Aganampudi, Visakhapatnam – 530 053

16th December 2019

CIRCULAR

This is to inform all III/IV B.Tech students that the placement cell will be organizing "A One Day Life Skill Programme on Interpersonal Skills" on December 24, 2019. All students have to give their names to the coordinator mentioned below by December 21, 2019. As such, all registered students have been informed to attend the programme without fail.

The particular class incharges are requested to deputize the students and make the necessary arrangements for the successful completion of this programme.

Coordinator: Mr.K.Hari Singh,
Assoc. professor,
Department of Mechanical Engineering.
GIITS

Venue: G24 Class Room,

PRINCIPAL

Principal

**GONNA INSTITUTE OF INFORMATION
TECHNOLOGY & SCIENCES**
Gonnavanipalem, Aganampudi,
VISAKHAPATNAM-530 053

Copy to:
All Staff Members – For Circulation
All Notice Boards

Signature Of All HODs							TPO	AO	Library
CE	EEE	ME	ECE	CSE	MBA	BS&H			



GONNA INSTITUTE OF INFORMATION TECHNOLOGY & SCIENCES

(Approved by AICTE, New Delhi, Affiliated to JNTUK, KAKINADA)
Gonnavanipalem, Aganampudi, Visakhapatnam – 530 053

PROGRAMME REPORT

Name of the Programme	: A One Day Life Skill Programme on “Interpersonal Skills”
Date	: 24-12-2019.
Resource Person	: Ms. J Komali
Name of coordinator	: Mr.K.Hari singh Asst Prof, ME, GIITS
Number of Students attended	: 45
Venue	: G 24 Class Room,

On December 24, 2019, our college Placement Cell presented a One Day Life Skills Program on Interpersonal Skills. The program was introduced by Principal Dr.T.Venkateswara Rao, who thanked the speaker for providing a program organized by the placement cell.

Interpersonal skills are frequently referred to as people skills, social skills, or social intelligence. They entail accurately receiving and understanding the signals sent by others in order to generate effective reactions. People demonstrate their interpersonal abilities all the time by interacting with others.

Inter personal skills that can lead to great outcomes at work include:

Clear communication, whether you're explaining an idea or asking a question in person, in writing, or by phone Attentive, careful listening Confirming that you comprehend what you've heard from a colleague or customer. Empathetic behavior that shows you understand and care about a colleague's situation, Supporting the useful ideas and honest efforts of colleagues, Responding positively to communications from others, Presenting a willingness to get a job done, Building relationships, Being positive, Benefits of Interpersonal Skills

- better camaraderie
- Increased truth and dependability
- More and better creativity through successful collaboration
- Effective and efficient task completion
- More enthusiasm for a particular task or job
- Elimination of unnecessary problems
- Greater productivity
- Opportunities for greater exposure to different, positive experiences with other employees or clients
- Opportunities to display qualities of leadership
- Opportunities for promotions
- The growth of a reliable professional network that can help build a career

Normally, social or interpersonal skills are learned by taking part in daily group activities, through specific daily actions involving others, and by watching other people succeed or fail in simple interactions. Everyday life within a family, at school, at church, or on the playing field offers a wealth of opportunities to be introduced to and practice your interpersonal skills. These skills can be picked up naturally and used with sincerity. The best interpersonal skills are never forced, even if they are used with Specific purposes in mind. They are a tool for positive results and living, whether at work or within a community or a family. Strong interpersonal skills are prerequisites for many professional jobs and for a successful career. Using Interpersonal Skills in the Job Search Interpersonal skills are highly valued in the



GONNA INSTITUTE OF INFORMATION TECHNOLOGY & SCIENCES

(Approved by AICTE, New Delhi, Affiliated to JNTUK, KAKINADA)

Gonnavanipalem, Aganampudi, Visakhapatnam – 530 053

Business world. Job seekers should use every opportunity to show their interpersonal skills. On resumes and at interviews

Some of the highly valuable interpersonal skills for business that you can display include:

- Eliciting and fully processing information from a speaker
- Negotiating in sales, marketing, law, and customer service
- Public speaking
- Conflict management
- Team building
- Collaboration
- Active listening

Showing Interpersonal Skills on a Resume
On a resume, a job seeker can highlight the interpersonal skills they have as they relate to the skills sought by the employer. They can underscore those accomplishments that tie directly to important interpersonal skills. For instance, they might highlight an example of teamwork that got a task done to rave reviews, successfully communicating useful ideas to others at a stressful time, or building relationships that underpinned a positive financial outcome.

Showing Interpersonal Skills During an Interview

It can be difficult for an interviewer to gauge a prospective employee's actual ability to perform a particular job in one, potentially short interview. Therefore, candidates should put their interpersonal skills to work during any such opportunity to meet. Bear in mind that one of the most important interpersonal skills could be simply making a connection with the interviewer. Be friendly, empathetic, understanding, and enthusiastic. Then, look for opportunities in the conversation to drill down to some specifics. For instance:

- Note how well you've worked with others to achieve specific goals and that such collaboration would be a priority for you in this new job.
- Explain how listening to customers carefully has been a key to success in your sales.
- Demonstrate how your patience and clear communications with fellow employees turned a brand new team into a success story.

Sharing your positive interpersonal skill experiences on a resumé and during job interviews in this way can help a company determine how well your skills would fit, not just the job that you've applied for but also, within the larger organization.

Using Interpersonal Skills in the Workplace

Strong interpersonal skills such as negotiating, problem-solving, and knowledge-sharing can be the main requirements for certain jobs. Other interpersonal skills seen as essential for all employees include:

- Teamwork
- Verbal and written communication (e.g., in-person meetings, emails, phone)
- Non-verbal communication (e.g., eye contact, facial expressions, gestures)
- Dependability
- Responsibility
- Empathy

To showcase these skills, try to get involved with colleagues to solve problems. Volunteer to take on tasks that no one else will. Or, be enthusiastic about tasks you're given that you may not enjoy. Be confident and positive in every dealing with colleagues or managers. Ultimately, being successful with interpersonal skills in the workplace comes down to coming up with and using ideas smartly to build good relationships with others.

It's difficult to imagine a company thriving if its employees do not have interpersonal skills. Most jobs are not isolated and require interaction between many individuals within a firm. These can be colleagues on your level or those more highly placed in the firm, such as a managing director or CEO.



GONNA INSTITUTE OF INFORMATION TECHNOLOGY & SCIENCES

(Approved by AICTE, New Delhi, Affiliated to JNTUK, KAKINADA)

Gonnavanipalem, Aganampudi, Visakhapatnam – 530 053

Poor interpersonal skills can be a detriment to an individual and to the workplace, overall. Even if an employee does their work well, poor interpersonal skills could limit their career development at a firm. It could even be a factor in their termination. Remember that people want to work with individuals that they like and whose personalities improve their workday. Strong interpersonal skills help every employee and company.

How to Improve Interpersonal Skills;

Once acquired, interpersonal skills can be improved. They are best honed by practice. Expressing appreciation for team members and support staff, displaying empathy, moderating and resolving disputes quickly, and controlling displays of temper are all good activities for improving your interpersonal skills. Active listening can be practiced by repeating back a speaker's comment to make sure true communication is taking place. Furthermore, people can demonstrate their active listening skill by providing a carefully considered and appropriate answer. Courses often teach these skills and many firms offer them to their employees as a part of cultivating a strong workforce.



A One Day Life Skill Programme on “Interpersonal Skills”

This course was very useful to the students and their feedback is in positive. The management And Principial of GIITS thanked to the resource person and participants for making the program successful.

Coordinator gave the formal vote of thanks at end of the programme.

K. Harisigal
COORDINATOR



GONNA INSTITUTE OF INFORMATION TECHNOLOGY & SCIENCES

(Approved by AICTE, New Delhi, Affiliated to JNTUK, KAKINADA)

Gonnavanipalem, Aganampudi, Visakhapatnam - 530 053

Name of the Programme; A One Day Life Skill Programme on "Interpersonal Skills"

DATE: 24-12-2019

STUDENTS ATTENDANCE LIST

S.NO	Roll Number	NAME OF THE STUDENT	Year	Branch	Signature
1	176E1A0502	GURRAM CHARISHMA	3RD YEAR	CSE	G. Charishma
2	176E1A0503	MUGGULLA NARENDRA KUMAR	3RD YEAR	CSE	M. Narendra
3	176E1A0504	NAGI REDDY YAMUNA	3RD YEAR	CSE	N. D. Yamuna
4	176E1A0505	PINNINTI SOWMYA	3RD YEAR	CSE	P. Sowmya
5	176E1A0508	TIRUMAREDDY SRAVANI	3RD YEAR	CSE	T. Sravani
6	176E1A0509	VEERINA PRASANTHI	3RD YEAR	CSE	V. Prasanthi
7	176E1A0510	YANALA RAMYA	3RD YEAR	CSE	Y. Ramya
8	166E1A0102	GONDESI PUSHPA	4TH YEAR	CE	G. Pushpa
9	166E1A0103	JAMI SATEESH	4TH YEAR	CE	J. Sateesh
10	166E1A0105	NETHALA SATEESH	4TH YEAR	CE	N. Sateesh
11	176E5A0101	NARAYANA RAO BYREDDI	4TH YEAR	CE	N. R. Byreddi
12	176E5A0205	DOURLA UDAYA LAKSHMI	4TH YEAR	EEE	D. U. Lakshmi
13	166E1A0305	KARANAM CHIRANJEEVI	4TH YEAR	ME	K. Chiranjeevi
14	166E1A0308	MADDALA SAI GANESH	4TH YEAR	ME	M. Sai Ganesh
15	166E1A0309	MALLA VINAY	4TH YEAR	ME	M. Vinay
16	166E1A0311	MARADANA SRINU	4TH YEAR	ME	M. Srinu
17	166E1A0312	MEDISETTI V V RAVIKIRAN	4TH YEAR	ME	M. V. V. Ravikiran
18	166E1A0313	MUSULURI RAJESH	4TH YEAR	ME	M. Rajesh
19	166E1A0314	PANKAJ YADAV	4TH YEAR	ME	P. Y. Yadav
20	166E1A0315	PRAGADA SRINU	4TH YEAR	ME	P. Srinu
21	166E1A0316	ROWTU JAYA PRAKASH	4TH YEAR	ME	R. J. Prakash
22	166E1A0317	SAMBHANA MURALI	4TH YEAR	ME	S. Murali
23	166E1A0319	SEERAM PAVAN KUMAR	4TH YEAR	ME	S. Pavan Kumar
24	166E1A0320	VEGI JITENDRA SATYA SURYA KIRAN	4TH YEAR	ME	V. J. Satya Surya Kiran
25	176E5A0329	SIVAKOTI SAIKUMAR	4TH YEAR	ME	S. Saikumar
26	176E5A0340	MALLA MOHAN KUMAR	4TH YEAR	ME	M. M. Kumar
28	166E1A0401	ADATRAVU NANDINI	4TH YEAR	ECE	A. Nandini
29	166E1A0402	AMALAKANTI UDAYKUMAR	4TH YEAR	ECE	A. Uday Kumar
30	166E1A0403	BUDIREDDI TULASI	4TH YEAR	ECE	B. Tulasi
31	166E1A0404	CHINIPILLI PREETHI	4TH YEAR	ECE	C. Preethi
32	166E1A0405	JAMI SANTOSHI KUMARI	4TH YEAR	ECE	J. Santoshi Kumari
33	166E1A0407	YELLAPRAGADA SIREESHA	4TH YEAR	ECE	Y. Sireesha
34	166E1A0501	ADATRA KAVYA	4TH YEAR	CSE	A. Kavya
35	166E1A0502	BODDAPATI DURGA BHAVANI	4TH YEAR	CSE	B. Durga Bhavani
36	166E1A0503	BOMMIDI JASWANTH SAI	4TH YEAR	CSE	B. Jaswanth Sai
37	166E1A0504	CHADARAM JAYARAM BHANU	4TH YEAR	CSE	C. Jayaram Bhanu
38	166E1A0508	KOMMANAPALLI LOHITHA	4TH YEAR	CSE	K. Lohitha
39	166E1A0509	KONATHALA MURALI	4TH YEAR	CSE	K. Murali
40	166E1A0510	MARISSETTI SAI LAKSHMI	4TH YEAR	CSE	M. Sai Lakshmi
41	166E1A0512	PADALA ASHA JYOTHI	4TH YEAR	CSE	P. Asha Jyothi



GONNA INSTITUTE OF INFORMATION TECHNOLOGY & SCIENCES

(Approved by AICTE, New Delhi, Affiliated to JNTUK, KAKINADA)

Gonnavanipalem, Aganampudi, Visakhapatnam – 530 053

Name of the Programme; A One Day Life Skill Programme on “Interpersonal Skills”

DATE;

STUDENTS ATTENDANCE LIST

S.NO	Roll Number	NAME OF THE STUDENT	Year	Branch	Signature
42	166E1A0514	PIRADI SARITHA	4TH YEAR	CSE	P. Saritha
43	166E1A0515	REKHA SANJUKTHA	4TH YEAR	CSE	R. Sanjuktha
44	166E1A0517	VANAPALLI JHANSI	4TH YEAR	CSE	V. Jhansi
45	166E1A0518	VARANASI LOHITHARANI	4TH YEAR	CSE	V. Lohitharani

K. Harisinh
Coordinator



GONNA INSTITUTE OF INFORMATION TECHNOLOGY & SCIENCES
(Approved by AICTE, New Delhi, Affiliated to JNTUK, KAKINADA)
Gonnavanipalem, Aganampudi, Visakhapatnam – 530 053

11th March 2019.

CIRCULAR

This is to inform all II/III/IV B.Tech students that the placement cell is organizing "A One Day Life Skill Programme on How to Develop Decision Making Skills in Students" for the benefit of students on March 18, 2019. All the students should give their names to the coordinator mentioned below on or before March 15, 2019. Hence, all the registered students are here to be informed to attend the classes without fail.

The particular class incharges are requested to deputize the students and make necessary arrangements for the smooth conduct of this programme.

Coordinator: Mr. V Tirupathi Rao
Asst.professor
Department of Mechanical Engineering.
GIITS

Venue: Seminar Hall

T. V. Rao

PRINCIPAL

Principal

**GONNA INSTITUTE OF INFORMATION
TECHNOLOGY & SCIENCES**
Gonnavanipalem, Aganampudi,
VISAKHAPATNAM-530 053

Copy to:
All Staff Members – For Circulation
All Notice Boards

Signature Of All HODs						TPO	AO	Library
CE	EEE	ME	ECE	CSE	BS&H			
<i>G. Senthil</i>	<i>RA</i>	<i>(Signature)</i>	<i>X. V. Rao</i>	<i>(Signature)</i>	<i>(Signature)</i>	<i>(Signature)</i>	<i>(Signature)</i>	<i>(Signature)</i>



GONNA INSTITUTE OF INFORMATION TECHNOLOGY & SCIENCES

(Approved by AICTE, New Delhi, Affiliated to JNTUK, KAKINADA)

Gonnavanipalem, Aganampudi, Visakhapatnam – 530 053

PROGRAMME REPORT

Name of the Programme	: A One Day Life Skill Programme on “How to Develop Decision Making Skills in Students”
Date	: 18-03-2019
Resource Person	: Ms. J.Komali
Name of coordinator	: Mr.V.Tirupathi Rao Asst Prof, ME, GIITS
Number of Students attended	: 67
Venue	: Seminar Hall

On the 18th of March 2019, our college Placement Cell organized a one-day life skill course on How to Develop Decision Making Skills in Students. The session was introduced by Principal Dr. T. Venkateswara Rao, who thanked the speaker for presenting a program organized by the placement cell.

The resource person explained the methods for making decisions in detail.

*Identify the problem/conflict to be solved.

*Gather relevant information.

*Brainstorm possible solutions.

*Identify potential consequences.

*Make a choice.

*Take action!

Later Ways to Help Students Develop Their Decision-Making Capabilities Conversation with the resource person

1. General knowledge is the awareness, understanding and comprehension of facts around you. General knowledge is accumulated over time through reading, social interactions and experiences. With a good background of general knowledge, you can improve your decision-making powers.
2. Consider Various Options do not make a sudden decision based on a few given criteria. Student must consider all possible options and consequences. Be open to opinions, judgments and beliefs of others before arriving at your own conclusion.
3. Pre-Determine the Consequences; Another way to improve decision making skills for students is to imagine the results and effects beforehand. This way you can measure if the positive consequences outweigh the negative effects of your decision. You may not be able to pre-determine the repercussions of your decision completely, but having a rough picture or rough idea will also suffice.

Conclusion

Decisions are the ultimate power. Decisions made today will finally determine student future course of action. Learning how to make the best decisions requires a number of skills like analyzing skills, reasoning and communication skills. The key to good decision making is knowledge and understanding.



GONNA INSTITUTE OF INFORMATION TECHNOLOGY & SCIENCES

(Approved by AICTE, New Delhi, Affiliated to JNTUK, KAKINADA)

Gonnavanipalem, Aganampudi, Visakhapatnam – 530 053

Making fast decisions is a valuable skill, but you won't make the best decisions if you move quickly at first. So, start slowly by zooming out and looking at all the factors of your decision-making process. You don't need only to consider big decisions; things like what outfit to wear or what to do this weekend count too. Next, consider: When you break down the decision-making process slowly, you'll become accustomed to the steps it takes to make an effective decision which over time and with practice, can help you become a more efficient, faster decision-maker.



A One Day Life Skill Programme on “How to Develop Decision Making Skills in Students”

The students found this course to be really helpful, and they gave it good reviews. The resource person and participants were thanked by the management and principal of GIITS for helping to make the program successful.

TPO gave the formal vote of thanks at end of the program.

V. Tirupati
Coordinator



GONNA INSTITUTE OF INFORMATION TECHNOLOGY & SCIENCES

(Approved by AICTE, New Delhi, Affiliated to JNTUK, KAKINADA)

Gonnavanipalem, Aganampudi, Visakhapatnam – 530 053

Name of the Programme: A One Day Life Skill Programme on “How to Develop Decision Making Skills in Students”

DATE; 18-03-2019 STUDENTS ATTENDANCE LIST

S.NO	Roll Number	NAME OF THE STUDENT	Year/Branch	signature
1	176E1A0302	CHINNI HEMANTH	II/ME	Chinni Hemanth
2	176E1A0304	K. MAHESH SAI SANTOSH KUMAR	II/ME	Santoshkumar
3	176E1A0305	KARRI AJAY	II/ME	Kari Ajay
4	176E1A0306	LOKAVARAPU AYYAPPA	II/ME	AYYAPPA
5	176E1A0306	LOKAVARAPU AYYAPPA	II/ME	AYYAPPA
6	176E1A0307	NALLA NAGARAJU	II/ME	Nagaraju
7	176E1A0310	TIRLANGI SRICHARAN	II/ME	Sricharan
8	176E1A0311	VENNE PRAVEENKUMAR	II/ME	venkumar
9	186E5A0302	BONDA VENKATESH	II/ME	B. Venkatesh
10	186E5A0303	GEDELA ASHOK	II/ME	Ashok
11	186E5A0308	SEERAMREDDI YUGENDRA	II/ME	Yugendra
12	176E1A0401	BOJJA VENKATA KUSUMA SAI	II/ECE	B.V. Kusum Sai
13	176E1A0402	MUTHIKI VENKAT PAVAN RAJU	II/ECE	M.V. Pavan Raju
14	176E1A0403	N.SHALINI VENKATA SAI LAKSHMI	II/ECE	N. Shalini
15	176E1A0404	PEDIREDLA ADILAKSHMI	II/ECE	P. Adilakshmi
16	176E1A0405	THOTA LAVANYA	II/ECE	T. Lavanya
17	176E1A0501	DONI VIVEK	II/CSE	D. Vivek
18	176E1A0502	GURRAM CHARISHMA	II/CSE	G. Charishma
19	176E1A0504	NAGI REDDY YAMUNA	II/CSE	N. R. Yamuna
20	176E1A0505	PINNINTI SOWMYA	II/CSE	P. Sowmya
21	176E1A0506	SAMMIDI SAI	II/CSE	S. Sai
22	176E1A0508	TIRUMAREDDY SRAVANI	II/CSE	T. Sravani
23	176E1A0509	VEERINA PRASANTHI	II/CSE	V. Prasanthi
24	176E1A0510	YANALA RAMYA	II/CSE	Y. Ramya
25	166E1A0102	GONDESI PUSHPA	III/CE	G. PUSHPA
26	166E1A0103	JAMI SATEESH	III/CE	J. Sateesh
27	176E5A0201	AKKIREDDY BALAJI	III/EEE	A. Balaji
28	176E5A0202	AKKIREDDY VENKATESH	III/EEE	A. Venkatesh
29	176E5A0203	BHANU VENKATA VINAY KARRI	III/EEE	K. Bhanu
30	166E1A0312	MEDISETTI V V RAVIKIRAN	III/ME	Ravikiran
31	166E1A0313	MUSULURI RAJESH	III/ME	Rajesh
32	166E1A0314	PANKAJ YADAV	III/ME	Pankaj Yadav
33	176E5A0315	MANGA SESHU	III/ME	M. Seshu
34	176E5A0329	SIVAKOTI SAIKUMAR	III/ME	Saikumar
35	166E1A0401	ADATRAVU NANDINI	III/ECE	A. Nandini
36	166E1A0402	AMALAKANTI UDAYKUMAR	III/ECE	A. Uday Kumar
37	166E1A0403	BUDIREDDI TULASI	III/ECE	B. Tulasi
38	166E1A0404	CHINIPILLI PREETHI	III/ECE	C. Preethi
39	166E1A0407	YELLAPRAGADA SIREESHA	III/ECE	Y. Sireesha
40	166E1A0501	ADATRA KAVYA	III/CSE	A. Kavya



GONNA INSTITUTE OF INFORMATION TECHNOLOGY & SCIENCES

(Approved by AICTE, New Delhi, Affiliated to JNTUK, KAKINADA)

Gonnavanipalem, Aganampudi, Visakhapatnam – 530 053

Name of the Programme: A One Day Life Skill Programme on “How to Develop Decision Making Skills in Students”

DATE:

STUDENTS ATTENDANCE LIST

S.NO	Roll Number	NAME OF THE STUDENT	Year/Branch	signature
40	166E1A0502	BODDAPATI DURGA BHAVANI	III/CSE	B. Durga Bhavani.
41	166E1A0503	BOMMIDI JASWANTH SAI	III/CSE	B. Jayaram Sai
42	166E1A0504	CHADARAM JAYARAM BHANU	III/CSE	C. Jayaram Bhanu
43	156E1A0303	KOTNANA PRABHU KUMAR	IV/ME	KPR
44	156E1A0304	LAKKOJU MOHANA GANDHI	IV/ME	gandhi
45	156E1A0307	MOGALAPALLI SRINIVAS	IV/ME	Srinivas
46	156E1A0310	RAVI RANJAN KUMAR SINGH	IV/ME	Singh
47	156E1A0311	SAAGI VENKATA RAMANA RAJU	IV/ME	Raju Saagi
48	156E1A0312	SAKURU DURGA BHARAT	IV/ME	Bharat
49	166E5A0303	BODDU VENKATA SAI VINEETH	IV/ME	Sai V.
50	166E5A0305	BOLLAM SRAVANKUMAR	IV/ME	Sraavankumar
51	166E5A0307	BULLA SUNDAR LUKE	IV/ME	Luke
52	166E5A0343	SADI SIVA RAM	IV/ME	SS Ram
53	166E5A0345	SALAPU RAMU	IV/ME	Salapu R.
54	166E5A0348	SASANAPURI YOAGI	IV/ME	YOAGI
55	166E5A0350	TATITHOORU VASANTHA	IV/ME	Vasanth
56	166E5A0352	YELLABILLI SYAM SUNDAR PRASAD	IV/ME	Y. S. S Prasad
57	166E5A0354	YEGIREDDY NAVEENKUMAR	IV/ME	Naveenkumar
58	166E5A0356	ROUTHU AJAY	IV/ME	Routhu Ajay
59	166E5A0357	MANDAPALLI AJAY KUMAR	IV/ME	Ajay Kumar
60	166E5A0358	G D P R SAINATH	IV/ME	GDPRS
61	156E1A0504	MIRIYAM JAYA KRISHNA	IV/CSE	M. Jaya Krishna
62	156E1A0505	NAGULAPALLI VANDANA	IV/CSE	N. Vandana
63	166E5A0406	KANDREGULA GANESH	IV/ECE	K. Ganesh
64	166E5A0408	MALLA APPALA ESWARA KUMAR	IV/ECE	M.A Eswara Kumar
65	166E5A0409	MALLA SAI KUMAR	IV/ECE	M. Sai Kumar
66	166E5A0410	MOGALATURTY SANTHOSH KUMAR	IV/ECE	M. Santhosh
67	166E5A0412	MUPPIDI SIRISHA ANNAPURNA	IV/ECE	M.S. Annapurna

V. Tirumthi
Coordinator